



**Lifeguard I Certification Requirements**  
**Division of Environmental Health & Protection**  
**Permit issued by the Division is valid for one (1) year**  
**from October 1<sup>st</sup> to the following October 1<sup>st</sup>**

Persons 16 years old with no physical or mental limitations may become certified as Lifeguards in the Louisville Metro community after successfully completing the following :

**What you need to do to obtain your Lifeguard I permit**  
**Successfully complete the following components:**

**Contact one of the following organizations for information on training and costs.**

**1. \* BASIC LIFEGUARD TRAINING :** American Red Cross and YMCA.

**2. \* FIRST AID :** American Red Cross, American Heart Association, American Safety and Health Institute and National Safety Council.

**3. \* Professional CPR for Lifeguards:** American Red Cross, American Heart Association, American Safety and Health Institute and National Safety Council.

**\* Many of the above organizations have combined the above components into one class. For other organizations not listed above that provide Lifeguard, First Aid and CPR training: Contact the Louisville Metro Department of Public Health & Wellness, Division of Environmental Health and Protection to determine if the training is an approved program at 502-574-6650.**

**4. GUARD COURSE :** can only be completed with the Division of Environmental Health and Protection Lifeguard Training and Certification Program. Register for and pass the lecture/swim test at a local swimming pool reserved by the Division for this Guard Course.

**A GUARD COURSE roster with a *Pass or Fail* for each participant will be forwarded to the Division by the Board of Health Lifeguard Instructor.**

**You must register at 574-6650 for the Guard Course (lecture/water test).**

**Once you have completed and passed the above components:** Written test and permit must be obtained from the LMPHW, **Division of Environmental Health and Protection, 400 East Gray St., 2<sup>nd</sup> Floor, Louisville, KY 40201. *Bring Quarters for the parking meter!***

**\*Know your Social Security number!**

**Hours for testing and permit processing are Mon-Fri : 8:30AM - 3:30PM. Cut off time for starting the test is 3:30PM. Bring the following with you every time: proof of identification and proof of Lifeguarding, First Aid and CPR training (certification cards).**

- **Proof of identification and age:** Driver's License or Birth Certificate and picture ID.
- **Proof of required training :** Authorized certification card(s) or approved documentation sent to the Division from your trainer/training facility. **Xerox copies of card(s) are not acceptable.**
- **Permit fee is \$20.00 cash, credit card or check payable to:** Louisville Metro Government.
- **Duplicate permit fee is \$5.00**

**Important message for all Lifeguard I applicants**

**The permit you receive from the Division of Environmental Health and Protection is no longer valid if your Lifeguarding, First Aid and CPR certification have expired!**

**For Lifeguard I renewal in the following year, the applicant must renew any expired training and pass the Division Guard Course and written test each year.**

Component	Providers	Certification Card Issued Certification Period
<p><b><u>Basic Lifeguarding Course</u></b></p> <p>All applicants must have current certification in a basic lifeguarding course.</p> <p><b>Online courses must have a physical skill out with a certified agency instructor and documentation before it will be APPROVED !</b></p> <p><b>Online classes are often referred to as "blended courses"</b></p>	<p><b>American Red Cross (ARC)</b>  <a href="http://www.redcross.org/ky/louisville">http://www.redcross.org/ky/louisville</a>  502-589-4450</p> <p><b>Jewish Community Center</b>  <a href="http://www.jewishlouisville.org/">http://www.jewishlouisville.org/</a>  502-459 -0660</p> <p><b>Lakeside Swim Club</b>  <a href="http://www.lakesideswim.org/">http://www.lakesideswim.org/</a>  502-454 -4585</p> <p><b>Louisville Metro Parks</b>  <a href="http://www.louisvilleky.gov/MetroParks/recreation/">http://www.louisvilleky.gov/MetroParks/recreation/</a>  502-897-9949</p> <p><b>YMCA'S of Greater Louisville</b>  <a href="http://www.ymcalouisville.org/">http://www.ymcalouisville.org/</a>  1-800-872-9622</p> <p><b>Kentuckiana Pool Management</b>  <a href="http://kentuckiana-pmq.com/">http://kentuckiana-pmq.com/</a>  502-394-9759</p>	<p><b>Lifeguarding/First Aid/CPR/AED</b>  <b>2 years</b></p> <p><b>ARC Lifeguarding/First Aid/CPR/AED : 2years</b></p> <p><b>ARC Lifeguarding/First Aid/CPR/AED : 2years</b></p> <p><b>ARC Lifeguarding/First Aid/CPR/AED : 2years</b></p> <p><b>YMCA on the Guard</b>  <b>2 years</b></p> <p><b>ARC Lifeguarding/First Aid/CPR/AED : 2years</b>  <b>StarGuard : 2 years</b></p>
<p><b><u>First Aid Course</u></b></p> <p><b>Online courses must have a physical skill out with a certified agency instructor and documentation before it will be APPROVED !</b></p> <p><b>Online classes are often referred to as "blended courses"</b></p>	<p><b>*See above list for ARC providers</b></p> <p><b>American Heart Association</b>  <a href="http://www.heart.org/HEARTORG/">http://www.heart.org/HEARTORG/</a>  1-800-242-8721</p> <p><b>American Safety &amp; Health Institute MEDIC First Aid</b>  <a href="http://www.hsi.com/cprtraining/">http://www.hsi.com/cprtraining/</a>  1-800-447-3177</p> <p><b>National Safety Council</b>  <a href="http://www.nsc.org/products_training/Pages/Home.aspx">http://www.nsc.org/products_training/Pages/Home.aspx</a>  1-800-621-7619</p>	<p><b>Lifeguarding/First Aid/CPR/AED or Basic First Aid</b>  <b>Both : 2 years</b></p> <p><b>Heartsaver First Aid Heartsaver First Aid CPR AED</b>  <b>Both : 2 years</b></p> <p><b>Basic First Aid or CPR AED/Basic First Aid COMBO</b>  <b>Both : 2 years</b></p> <p><b>First Aid Adult, Infant and Child : 2 years</b></p>
<p><b><u>CPR Course</u></b></p> <p>Must be a professional rescuer CPR that includes Adult, Child, and Infant CPR</p> <p><b>Online course must have a physical skill out with a certified agency instructor and documentation before it will be APPROVED !</b></p> <p><b>Online classes are often referred to as "blended courses"</b></p>	<p><b>American Red Cross</b>  *See above list for ARC providers</p> <p><b>American Heart Association</b>  <a href="http://www.heart.org/HEARTORG/">http://www.heart.org/HEARTORG/</a>  1-800-242-8721</p> <p><b>American Safety &amp; Health Institute MEDIC First Aid</b>  <a href="http://www.hsi.com/cprtraining/">http://www.hsi.com/cprtraining/</a>  1-800-447-3177</p> <p><b>National Safety Council</b>  <a href="http://www.nsc.org/products_training/Pages/Home.aspx">http://www.nsc.org/products_training/Pages/Home.aspx</a>  1-800-621-7619</p>	<p><b>ARC Lifeguarding/First Aid/CPR/AED or CPR/AED for Lifeguards : 2 years</b></p> <p><b>Heathcare Provider (BLS)</b>  <b>2 years</b></p> <p><b>CPR Pro for Professional Rescuers</b>  <b>2 years</b></p> <p><b>Basic Life Support Healthcare and Professional Rescuers : 2 years</b></p>
<p><b><u>Guard Course</u></b></p> <p>* Current certification in basic lifeguarding is required before taking this course.</p> <p><b>Guard Course consists of a lecture and swim test.</b></p> <p><b>The 2nd part of the Guard Course is a written test.</b></p> <p><b>Take every year.</b></p>	<p><b>Louisville Metro Department of Public Health and Wellness Division of Environmental Health and Protection</b>  <b>400 East Gray St. Louisville KY 40201</b></p> <p><b>You must register for this course !</b>  502-574-6650</p>	<p><b>You must take the Guard course every year to obtain a Lifeguard I permit.</b></p> <p><b>You must take the written test every year to obtain a Lifeguard I permit.</b></p>